

Facial Treatments **SKIN JUICE** nutraceuticals

Skin Juice Nutraceutical Skincare are 100% natural Australian products. Working to balance your skin and protect from the harsh environment our products can be prescribed for anyone- babies to the mature. Come in and see us for a complimentary skin analysis and feel the Skin Juice difference.

Juice Shot Facial – 30 minutes.....\$60
A quick pick me up & Skin Juice taster for any skin type. This customised facial starts with a refreshing cleanse & exfoliation to prepare the skin for a burst of energy. A juicy skin enriching mask and skin quenching moisture infusion will complete your treatment.

Juicy Relax Facial – 45 minutes.....\$79
Unveil a fresh new you. This super skin refresh facial will leave your skin feeling smooth and clear. Botanical cleansing refines skin while milk acids deeply exfoliate to expose fresh vibrant skin. A touch of massage for the face to fully relax you and a scalp massage while the mango mud mask hydrates.

Customised Juicy Splurge – 1 hour..... \$108
A juicy experience for all skin types. A skin analysis determines your skins treat. Botanical ingredients are selected to target what concerns you most about your skin. Pure, healthy cleansing is followed by a fruit peel mask, light exfoliation and a delicious neck, shoulder and facial massage.

Super Juice Revitaliser – 1.5 hours.....\$135
An utterly indulgent juicy experience for all skin types. Relax, unwind and allow both you and your skin a much needed Juicy treat. This customized juicy boost includes cleansing, exfoliation, a botanical serum and a stimulating neck, shoulder and face massage. A super fruit peel mask is then applied and you may drift off while your face is in hydration mode.

Undecided Bliss – 1 hour.....\$99
When you just cannot make up your mind. A half hour relaxation Body boost massage begins your descent into relaxation. Then roll over to enjoy the next half hour where botanical ingredients are selected to cleanse, exfoliate and nourish your skin's needs.

- Add a Warm Coconut Splash Hair treatment to any facial 15 mins \$15

Pamper Certificates / Man Vouchers

The perfect gift, whatever the occasion may be. Select a treatment or a dollar amount for your recipient to choose their own treatment/product.

Cancelling/Rescheduling & Late arrivals

If you are unable to make your appointment we are happy to re-schedule at a more convenient time.

If cancellation is less than 6 hrs prior to or you fail to show for your scheduled appointment a 50% cancellation fee will apply or result in pamper certificates becoming void. Early or prompt arrival to your appointment will ensure your complete treatment.

Body Treatments



Top to Toe Juicy Body Glow – 30 minutes\$66
For smoothing skin that feels weary and tired. A delicious organic body polish to smooth is massaged into the body for a bright glowing skin. Hot towels refresh and an organic lotion applied to hydrate the skin. Your skin is ready to glow.

**Body Boost Massage - firm relaxation1/2 hour \$50
..... 1 hour \$80**
A combination of massage techniques are used to suit individual needs. Blended essential oils are selected for their effects in soothing aches and pains, relaxing the mind and or purifying the body, whilst natural oils and butters nourish the skin.

Vitality Juice Body Wrap & Mini Facial – 1 hour & 20 minutes \$130
Dry brushing prepares the skin gently sloughing away the dead skin, then a full delightful massage, concentrates on the back, shoulders neck, legs, arms. During the massage caring hands will relax tired muscles and promote lymphatic drainage. Included in this heavenly treatment is a Mini Facial involving cleansing, exfoliation, mask & moisture treatment. We complete the treatment with advice from our therapists for ongoing care and treatment of the face and body.

Indian Head Massage – 30 minutes \$60
A seated massage concentrating on the shoulders, neck, face and scalp. The ultimate distress. Relaxing and soothing tense muscles, stimulating circulation and encouraging healthy hair growth.
• A Warm Coconut & Kiwi hair oil infusion or the Argan oil infuses and strengthens the hair, scalp and skin.

Warm Bamboo Massage – 1 hour.....\$99
Release all of that tension. Heated sticks of Bamboo are rolled over your sore and tired muscles. Your therapist will create a combination of both massage techniques to customize your treatment. A firmer massage than our Body Boost.



www.skinfitbodyandbeauty.com.au

Online Booking 24/7

..... LIKE US ON FACEBOOK
www.skinfitbodyandbeauty.com.au – book your appointments anytime, any day with your preferred Therapist. The perfect convenience in such a busy world.

New Online Store

skinfitbodyandbeautystore.com is where you can purchase your skin fit and body beautiful products and our exclusive ranges.



150 Timor St, Warrnambool
Phone: 55626 333
Monday-Friday: 9am-8pm,
Saturday: 9am-4pm



Waxing

Please check our online booking site for other waxing and sugaring prices and treatments

1/2 leg wax.....	\$29
3/4 leg wax.....	\$41
Full leg wax.....	\$54
Full arm wax.....	\$30
1/2 arm wax.....	\$24

Sugaring



Body Sugaring is an ancient hair removal practice. This hair removal technique has become the number one chosen treatment because it is economic, less painful, less irritating to the skin, reduces ingrown hairs and a longer lasting hair removal result. You can reduce the hair growth by up to 80%* by using the correct homecare and remove hair as short as 1.5mm. This natural Australian owned and made product is Skinfit's sugar choice.

Chin.....	\$15
Eyebrow.....	\$20
Eyebrow & lip.....	\$30
Lip.....	\$15
Underarm.....	\$20
Basic bikini.....	\$24
X bikini.....	\$34
XX bikini.....	\$44
XXX bikini maintenance – full removal.....	\$50
XXX bikini full removal – first time in a while.....	\$60

Eyes

*Please have eyelashes free of make up for all lash treatments. Please check our online booking site for Henna tinting and treatment combinations

Tinting & Waxing

Eyeshadow Tint.....	\$25
Eyebrow Tint.....	\$13
Eyebrow Wax and Shape.....	\$19
Eyebrow Tint & Eyebrow Wax.....	\$27
Eyeshadow Tint and Eyebrow Wax.....	\$38
Lash & Brow Tint & Eyebrow Wax.....	\$48

Henna Eyebrow Tinting – 45 minutes..... \$25 (with any other treatment)
The benefits of henna for eyebrows is that it colours the skin as well as the hair, this can create a longer lasting stain. The stain underneath the brow hair can also help to create the illusion of darker fuller brows.

Eyelash Perm – 45 minutes..... \$72
Swim & play with up to 12 weeks of curl.
Great for straight lashes or non makeup wearers. Includes eyelash tint.

Eyelash Extensions – visit our website for before & after care.
Full set – 1 hour..... \$99
Refill – 45 minutes. Must be filled within 3 weeks or full set price..... \$55
Flare/Half Set – 45 minutes..... \$60
Flare Refill – Must be filled within 3 weeks or full set price..... \$37

Fingers & Toes

File & Polish – your choice, fingers or toes* – 15 minutes.....\$25
with French polish – 30 Minutes.....\$35

Deluxe Manicure – 45 minutes.....\$60
Nail & cuticle work, AHA serum, exfoliation, hydrating massage will make your hands dreamy & soft. Choice of polish completes the treat.

Party Feet Pedicure – 45 minutes.....\$60
Nail & cuticle work, AHA serum, foot file, hot towel therapy & a delicious foot massage. Polish tops off the treat. ** Open toe shoes to be worn to your treatment**

Pedicure Heaven – 1 hour.....\$80
Put your feet up and relax. Starting with hot towels to cleanse, nail & cuticle work gets your nails into shape. An AHA serum & foot file removes dead skin. A Scrumptious peppermint exfoliation smoothes the skin. Then enjoy a hydrating leg & foot massage. Your choice of polish concludes the treat. Mmmm Heavenly!!!!
** Open toe shoes to be worn to your treatment**

Shellac – All shellac treatments include nail cutting, shaping and cuticle work
Shellac Manicure – 45 minutes.....\$45
Shellac Pedicure – 30 minutes.....\$45
Shellac Pedicure with Footwork – 1 hour.....\$70



Specialised Treatments

Ear Piercing – 15 minutes.....\$30
Dual guns are used for quick results. Includes gold or silver studs of your choice. **Children under 16 must have a parent or guardian present**

Ear Candling – 30 minutes.....\$50
Remove wax build up & pressure on your sinuses. Relax with a scalp and face massage to help detox.

Get a SkinFit VIP Key Tag
Loyalty Rewards, birthdays, vouchers & VIP invite promos.

Makeup

YOUNGBLOOD
MINERAL COSMETICS

Youngblood Mineral Cosmetics are 100% pharmaceutical minerals with beneficial botanical extracts added. Youngblood has on trend cosmetics which do not compromise your skins health. Providing a versatile coverage for all skin types our trained Make Up artists will find the perfect products for you. This is our number 1 choice in cosmetics for everyday wear right through to your wedding day.

Professional Application – 45 minutes.....\$55
Wedding Parties & Groups in Lounge..... POA

Debutante Make Up – 30 mins.....\$45

Make Up Lesson – 1 hour.....\$90
How to apply flawless finish for you. Fully redeemable on product

Have a chat to one of our qualified Therapists or Artists about your skin or any make up questions. We are happy to show you something new or give you advice.



Emma & Paul 21st Feb
2015 Port Campbell

Techno Tan

Great range of colours for your skin
– visit our website for before & after care.

Upper or lower body.....\$25
Full body.....\$35

Relax